

### *Pre Arrival Information*

Please arrive at Amarta Spa located adjacent to main pool 15 minutes prior to your treatment time. This will allow you to relax and prepare yourself. Arriving late will simply limit your treatment time, thus lessening its effectiveness and your pleasure. Your treatment will be ended on time to honour next guest appointment. Please silent your mobile phone upon arrival

### *Special Request*

You may request your favorite therapist and we will make every effort to accommodate your preference

### *What To Wear*

Maintaining your sense of comfort is extremely important to us. You may wish to wear your own bikini or we can provide hygiene disposal brief

### *Your Comfort*

To meet your highest expectation, please let us know if we can adjust the room temperature, music volume or the pressure level of your treatment

### *Spa Recommendation*

Notify our spa manager or receptionist upon booking if you have high blood pressure, allergies or other physical ailments or disabilities. If you are pregnant, please notify our spa manager or receptionist for further advice on safe treatments to enjoy during pregnancy

### *Penalties*

The treatment you selected is reserved specially for you. A 50% cancellation fee will be applied for any cancellation within 4 hour prior to appointment hour. A full charge will applied to guest that didn't show up to the appointment

### *Reservation*

Kindly contact us at:  
+62 (0)361 776 400 ext.722

### *Opening Hours*

From 9 AM - 9 PM



AMARTERRA  
VILLAS BALI NUSA DUA

# AMARTA SPA



## AMARTA SPA

Inspired by the soul of nature, our spa concept is to harmonize various energies generated by nature, providing combined benefits of water and luxurious earth.

Achieving well-being through Balinese wisdom and local spiritual knowledge on dharma ways of life will help to achieve wellness. Dharma is a way of living, based on true Hindu and Buddhist philosophy.

## SIGNATURE TREATMENTS

### *Amarta Bali Recharge*

90 minutes IDR 1,350,000++

Recharge back the energy to achieving wellness and balance. Foot ritual, body massage, face accupoint, head massage, aura and chakra balancing.

### *Amarta Boreh Sensation*

120 minutes IDR 1,700,000++

Foot ritual combines remedial massage, body accupoint following by herbal boreh, mask, head massage and face accupoint and body moisturizer.

## MASSAGES

### *Well-Being Massage*

60 minutes IDR 950,000++

Combines remedial massage, osteopath and body accupoint techniques to activate hormones and the biofeedback system for good health, and to leave the body feeling refreshingly content. Foot ritual, body massage and body moisturizer.

### *Warm Stone Massage*

90 minutes IDR 1,300,000++

Unites the soul and the body by opening and closing spirals of energy patterns that recharge and restore energy levels.

### *Facial Rejuvenation*

60 minutes IDR 950,000++

A refreshing accupoint and lymphatic drainage treatment to give the skin a new lease on life.

### *Foot Massage*

30 minutes IDR 500,000++

Foot ritual and foot massage.

### *Body Scrub*

45 minutes IDR 700,000++

To brighten and soften skin.

### *True Romance*

30 minutes IDR 350,000++

Rose flower, lime, pandan leaf and essential oil.

### *Upperback Massage*

30 minutes IDR 650,000++

Foot ritual, back shoulder and head massage.

### *Herbal Heaven*

30 minutes IDR 350,000++

Ginger, clove bud, lime, pandan leaf, lemongrass, sea salt and essential oil.

## MASSAGE ENHANCEMENTS

### *Dharma Herbal Massage*

90 minutes IDR 1,450,000++

To relieve fatigue.

Foot ritual, dharma massage with herbal renewal treatment, face accupoint, head massage and moisturizer.

### *Dharma Tension Release*

120 minutes IDR 1,600,000++

To release your tension.

Foot ritual, body massage, herbal bath and dharma body moisturizer.

### *Dharma Rejuvenation*

120 minutes IDR 1,600,000++

To rejuvenate and refresh.

Dharma Bali ritual, dharma body exfoliation, dharma massage, dharma body moisture and happy tea.

### *Dharma Beauty*

120 minutes IDR 1,650,000++

The soul of true beauty inside out is intrinsically linked to good health, therefore, overall beauty is enhanced by optimizing biofeedback and energy points within the body.

Foot ritual, body massage, natural facial and head massage.

### *Dharma Revitalization*

180 minutes IDR 2,150,000++

To refresh body and mind.

Foot ritual, exfoliation, full body massage, natural facial and body moisturizer.

### *Dharma Romantic Couple*

135 minutes IDR 2,850,000++

For couples seeking passion and compassion.

Foot ritual, body exfoliation, body massage, face accupoints, head massage and flower bath.

\*rate for 2 persons